

# THE ARMS, FOREARMS AND HANDS

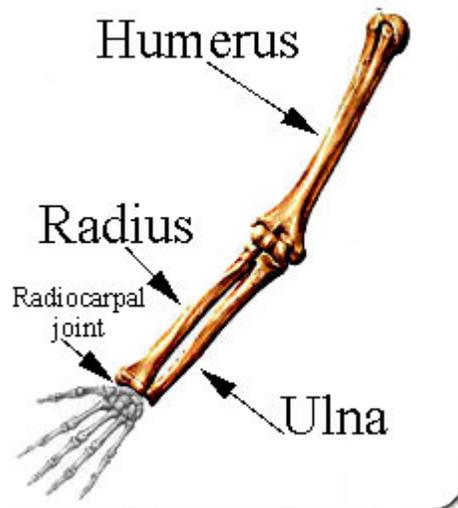
Fanny Beerepoot

Our upper extremities are the instruments Father has given us in order to do our work. Thus, they represent our service unto YaHWaH. Our upper extremities are divided into three parts, the arm, forearm and hand and each of these divisions contain bones which show us the principles required to serve YaHWaH for His glory.

The arm is that portion of the upper extremity that sits between the shoulder and elbow and consists of just one bone, the humerus.

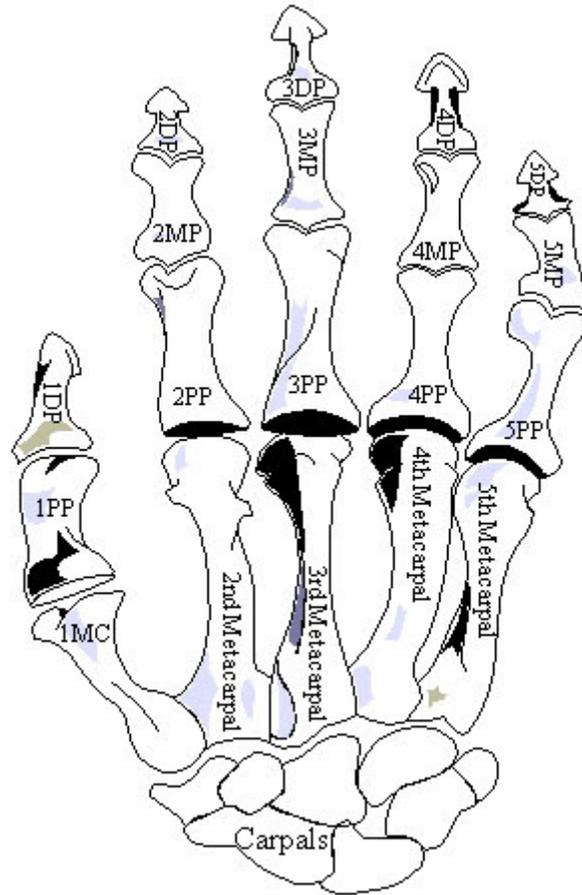
The Forearm is that portion of the upper extremity situated between the elbow and the wrist and consists of 2 bones, the radius and ulna.

## The Arm (Humerus) and Forearm (Radius and Ulna)



The hand forms the rest of the anatomy of the upper extremity and is divided into 3 sections; the Carpus, or wrist bones; the Metacarpus or bones of the palm; and the phalanges, or the bones of the digits. The hand has a total of 27 bones made up of 8 Carpus bones, 5 Metacarpus bones and 14 bones of the Phalanges.

**The Hand**  
**(8 Carpals, 5 Metacarpals, 14 Phalanges)**



Our service unto YaHWaH should be such that it glorifies Him. As we wonder about the kind of service we can do we must look towards our older Brother and example Yahshua, who did all things for the glory of Father and taught us to do likewise in His Sermon on the Mount.

*Matthew 5:16; 'Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.'*

Just as we have two arms, there are two branches in our service to Him. The one is teaching and the other healing.

*Luke 9:2; 'And he sent them to preach the kingdom of Elohim, and to heal the sick.'*

These two ministries work together, hand in hand, and in order to fully radiate Yahweh's glory they cannot be separated. Through teaching people are healed and through healing people are taught the intricacies of the very existence of our heavenly Father.

With this in mind let's investigate the wonderful anatomy of our upper extremities.

## **Number of Bones in the Upper Extremities**

Each upper limb has 30 bones. Bullinger has the following to say about the number 30 in his book, 'Number in Scripture';

Thirty, being 3 x 10 denotes in a higher degree the perfection of Divine order, as marking the right moment. Christ was thirty years of age at the commencement of His ministry, Luke 3:23. Joseph, His type, was the same age, Genesis 41:46. David also, when he began to reign, 2 Samuel 5:4.

So we see here the principle of service witnessed, not only does the number of bones correlate with the marking the right moment for service to begin, thus enabling the upper limbs to start working, but it also reiterates the purpose of our service, namely the perfection of Divine order. Our service is not unto man and his glory, but rather unto YaHWaH.

All three examples given by Bullinger illustrate this very fact. Yahshua did all for the glory of Father, Joseph attributed all his 'success' to Father (Genesis 50:19-20) and David from his very introduction into the Scriptures, through the fight with Goliath, gave all credit to YaHWaH whom he served (1 Samuel 17:37).

Having two upper limbs, we come to a total of 60 bones. Sixty is also an interesting number and further witnesses to the purpose of our upper limbs and how they should be used. Sixty is 6 x 10. Ten, as we know, represents the 'perfection of Divine Order'. Bullinger has the following to say of the number six;

Six is the number stamped on all that is connected with *human labour*.

This therefore illustrates that when our upper limbs work together in unison for the service and glory of YaHWaH our 'human labour' will manifest the perfection of Divine order.

Let's now look into the arm, forearm and hands in more detail.

## **The Arm in Scriptures**

Most of the references to the word 'arm' in Scriptures is the Hebrew word *zerowa* and is Strong's 2220 meaning; force, arm, help, mighty, power, shoulder, strength.

Thus, Scripturally the arm represents power or strength and this is easy to understand as it is the muscles found on the arm, the biceps, that are commonly associated with 'strength' in games such as 'arm wrestling'.

Luke 1:51; *'He hath shewed strength with his arm...'*

Isaiah 51:9; *'Awake, awake, put on strength, O arm of YaHWaH...'*

It is interesting to note that there are many verses which state that it is through YaHWaH's outstretched arm that Israel is saved - thus it is by His power that we are saved, not our own.

Deuteronomy 26:8; *'And YaHWaH brought us forth out of Egypt with a mighty hand, and with an outstretched arm, and with great terribleness, and with signs, and with wonders.'*

Before we can be teachers or healers in the name of YaHWaH it is necessary for our fleshly strength, which is an illusion, to be surrendered to YaHWaH through Yahshua. It is YaHWaH, through Yahshua, who saves us from the bondage of flesh, and once we have come into this freedom we may fully glorify Him by speaking (principle of the forearm bone the ulna) and witnessing (principle of the forearm bone the radius) of His greatness!

This is wonderfully illustrated in the events surrounding the battle of Israel with Amalek in Rephidim which is recorded in Exodus 17. Please read the entire chapter before proceeding to the explanation below.

Just before this battle Israel was given to drink water out of the rock (verse 6). This water is symbolic of the Holy Spirit (help from heaven - scapula) which was now unveiled within the people of Israel. Once the Spirit has been revealed within a person the battle against the flesh begins, this is so because the Spirit convicts the flesh.

This was the first time, since leaving Egypt, that Israel was commanded to go out and fight (verse 8-9). The people they were to fight were those of Amalek which means 'dweller in a valley' (Strong's 6002). Thus Amalek symbolises the flesh/carnal nature. It is in the mountain that YaHWaH dwells as opposed to the valley where flesh abounds. In fighting Amalek, Israel was symbolically fighting their own flesh/carnal nature. The interesting thing to note is how they went about this battle. Could they overpower Amalek by their own physical strength/power, or did YaHWaH fight for them?

The answer to this question is to be found in verses 10-14. Whilst Joshua did as Moses commanded and fought with Amalek, Moses, Aaron and Hur went up to the top of the hill. This is interesting, as whilst Moses was up on the hill (where YaHWaH dwells) Joshua was fighting down below with the 'valley dwelling' Amalakites, thus he was fighting the flesh. However, as we will see, the power to overcome came from on high.

Moses, whilst standing on top of the hill, held up his hand, and therefore with outstretched arms, held the rod of YaHWaH. And whilst he held his hands up Israel prevailed, and when his hands dropped Amalek prevailed. From this we can see that it is

YaHWaH who delivers us from this bondage of the flesh... it can not be accomplished by our own strength.

But, you say, it was Moses that was standing there so maybe the power came from him. Yet, as the Scriptures state, even Moses became weak and could not hold up his hands, so it was necessary to take a stone (Yahshua) on which he could sit and Aaron and Hur stayed up his hands for the duration of the battle. Thus it was not Moses as a flesh man who could deliver Israel from the bondage of the flesh, but rather YaHWaH, manifested in Moses, through Yahshua who saved them!

It is interesting to also note the help of Aaron and Hur. Aaron means 'light bringer' Strongs 0175, whilst Hur means 'hole' Strongs 2354. Moses, as we know means 'drawn' Strongs 4872. Thus the Israelites were 'drawn' out of the 'hole' of their carnality (Amalek) and brought into the 'light' of YaHWaH through Yahshua (stone). All Scripture is given to us for instruction in righteousness and this historical event is an illustration for us today.

*2 Timothy 3:16; 'All scripture is given by inspiration of Elohim, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.'*

Just as the Israelites of old, we too will be drawn out of the hole of our carnality and brought into the light of YaHWaH through Yahshua. Is this not our destiny and that which we daily look forward to?

*1 Corinthians 13:12; 'For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.'*

This is a wonderful promise for the children of Israel which was given to them in the time of Moses, namely that, through the outstretched arm of YaHWaH's strength, the flesh/carnal nature will be destroyed in order that the Light of YaHWaH may shine forth from His people as a witness of His glory.

*Exodus 17:14; 'And YaHWaH said unto Moses, Write this for a memorial in a book, and rehearse it in the ears of Joshua: for I will utterly put out the remembrance of Amalek from under heaven.'*

It is important to note that we are 'drawn' out of the hole of our carnality. We can not climb out of our carnality by our own strength. It is YaHWaH through Yahshua that draws us toward Him.

*John 6:44; 'No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.'*

Another interesting point pertaining to this battle with Amalek is that it took place at Rephidim which means, 'resting places' Strongs 7508. As His yoke is placed upon us we will find rest. Leaving all things in His capable hands. (see the study on the pectoral girdle). It is by resting and relying on YaHWaH that we can be victorious over the battle of the flesh.

Exodus 14:14; *'YaHWaH shall fight for you, and ye shall hold your peace.'*

At the completion of the battle Moses built an altar and called the name of it Jehovah-nissi, which means 'YaHWaH is my banner'. A banner is a guiding principle, thus this altar stated that it is YaHWaH in whom the Israelites found refuge, it is in Him that they trusted. In other words, they placed themselves under His banner, under the shadow of His wings (scapula).

Thus, when we relate this event in the history of Israel to our anatomy we see that in placing ourselves under the shadow of His wings (scapula), resting in Father, thus giving Him the responsibility to fight for us (clavicle) and relying on His strength and not our own (humerus) we may be victorious in conquering the flesh/carnality/Amalakites so that we may serve Him in truth and healing (upper limbs) by word (ulna) and example (radius) so that His righteousness (sternum) and glory may abound! Isn't it wonderful to see, hidden in the Scriptures, the principles of the bones which, when perfectly joined together is fit for His service and His glory!

The most important thing which forms the foundation of our service on earth for YaHWaH is therefore this, that all things that we do for His glory is to be empowered by Him, His strength within us made available by Yahshua. If this is not present the service that we do will at most be temporary as in being based on the flesh it will soon wither away and die.

Psalm 73:26; *'My flesh and my heart faileth: but Elohim is the strength of my heart, and my portion for ever.'*

## **The Arm of Teaching and Healing**

As we have seen the arm represents Strength. The humerus therefore symbolises YaHWaH's strength which forms the basis of our being able to do any service here on this earth.

We read in the Scriptures that the arm of flesh will fail us whilst in relying on the arm of YaHWaH we will not only be saved but also find rest (see study on the Pectoral Girdle).

2 Chronicles 32:8; *'With him is an arm of flesh; but with us is YaHWaH our Elohim to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.'*

Just as there is only one bone in the arm, the humerus, there is only One who can give us the strength to do the work He has destined for us to do.

Philippians 4:13; *'I can do all things through Christ which strengtheneth me.'*

The humerus of the arm is attached to the scapula (help from heaven). This provides us with another witness as to where our foundations of our service is to be rooted in, namely

YaHWaH.

It is therefore of vital importance to understand that it is through His Spirit, our help from heaven made available through Yahshua, that we are taught of His way so that we can serve Father in expounding His word to others, and it is through Him that we are enabled to heal.

John 14:26; *'But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.'*

Luke 4:18; *'The Spirit of the YaHWaH is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised.'*

It is the Spirit of Father, made available to us through Yahshua, that will reveal and call to remembrance that which we have known from the very beginning. Without this Spirit we can not understand or know spiritual things.

1 Corinthians 2:11; *'For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of Elohim knoweth no man, but the Spirit of Elohim.'*

As well as being attached to the scapula, the humerus also connects to the bones of the forearm, the ulna and radius. There are two main ways that our service to YaHWaH can be manifested namely by the Spoken Word (ulna) and Example (radius). This manifesting of our service therefore finds it's strength in YaHWaH. We will discuss the significance of the ulna and radius in further detail later in this study.

The humerus has attached to it 24 muscles. Bullinger has the following to say of the number 24;

Twenty four being a multiple of 12, expresses in a higher form the same signification. It is the number associated with heavenly government and worship, of which the earthly form in Israel was only a copy.

This shows us that it is only by the strength of YaHWaH that the heavenly government is formed and can operate. It is His strength that drives us onwards.

We have already discussed the articulation of the humerus with the three bones, namely the scapula (help from heaven), radius and ulna. Bullinger has the following to say about the number three;

Three stands for that which is solid, real, substantial, complete and entire.

Thus it is only possible to serve YaHWaH 'completely' when we rely on His strength (humerus). This is the strange thing about it all as many people strive to 'do' good,

relying on their 'own' strengths and talents, and yet Father desires nothing more than that He does the work through the unveiling of His Spirit within us. In realising our 'flesh' weakness we are made strong. This is the wonderful lesson of the humerus!

2 Corinthians 12:10; *'Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for the sake of Messiah: for when I am weak, then am I strong.'*

## The Ulna and Radius

Resting in YaHWaH (Pectoral Girdle) and relying on His strength (humerus) forms the foundation of our service to Him.

The humerus is attached to the ulna and radius which represent the manifestation of our service in teaching and healing through the Spoken Word and Example.

## The Ulna

The ulna has the major responsibility for forming the elbow joint and represents the Spoken Word.

When we look at the word 'el-bow' what do we see? It is the 'bow' that 'El' has placed there. In the Scriptures there are several accounts relating to rain-bows, bows which El put in the skies as a witness to us. There are some similarities between rain-bows, el-bows and the Spoken Word which are worthy of investigation so let's have a look at some of the 'rain-bows' in Scripture and see what we can learn from them.

There is a rainbow encircling the throne on which YaHWaH sits;

Revelation 4:3; *'And he that sat was to look upon like a jasper and a sardine stone: and there was a rainbow round about the throne, in sight like unto an emerald.'*

It is by YaHWaH's Spoken Word, from within the bow, that all things were made (John 1:1-3). So it is by the Spoken Word (ulna) which finds its Strength (humerus) in YaHWaH that people are healed and taught of His way. The Spoken Word is a creative force it can build up or destroy. When it gets its strength from the flesh it destroys and when the power of our Words come from Father it builds up.

John 6:63; *'It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.'*

Job 37:19; *'Teach us what we shall say unto him; for we cannot order our speech by reason of darkness.'*

We can also see a connection between the scapula, humerus and ulna in the forming of a

rainbow, and although only two of these bones, the humerus and ulna, are present in the elbow it is still worthy of mentioning here as without the connection of the humerus to the scapula there would be no upper limb and therefore no elbow. In the account of the creation, we read that light was created because the Spirit of YaHWaH (scapula) moved over the face of the water and then YaHWaH said (ulna) 'let there be light'. Light is a representation of the strength (humerus) of YaHWaH.

*Psalm 27:1; 'YaHWaH is my light and my salvation; whom shall I fear? YaHWaH is the strength of my life; of whom shall I be afraid?'*

Thus everything that was made was Spoken (ulna) into existence and to form a rainbow you need Light (strength/humerus) and water (Spirit/scapula). The Light, Water and Spoken Word has been given to both the sons and the daughters of YaHWaH, so service to YaHWaH is not restricted to sons only. Both the Sons and Daughters of YaHWaH are clothed in rainbow clothing. We see the Son's illustrated in Joseph's coat of many colours;

*Genesis 37:3; 'Now Israel loved Joseph more than all his children, because he was the son of his old age: and he made him a coat of many colours.'*

We see the daughters as part of the rainbow company by her raiment of needlework which to Sisera was a prey of divers colours;

*Psalm 45:14; 'She shall be brought unto the king in raiment of needlework: the virgins her companions that follow her shall be brought unto thee.'*

*Judges 5:30; 'Have they not sped? have they not divided the prey; to every man a damsel or two; to Sisera a prey of divers colours, a prey of divers colours of needlework, of divers colours of needlework on both sides, meet for the necks of them that take the spoil?'*

So just like the rain-bow which El placed in the sky, has He given us, in our anatomy, an el-bow in order that we may radiate forth His light, through His Spirit and by His Spoken Word.

This is further witnessed in the book of Job. The Spirit, in the Scriptures, is represented by both water and wind and in the book of Job we read that once we are fully cleansed by the Spirit (wind) the bright light/colours/aura will be seen.

*Job 37:21; 'And now men see not the bright light which is in the clouds: but the wind passeth, and cleanseth them.'*

It is now, in this time of darkness (carnality) where men rely on their own strength and not on Father, that men can not see the bright light, the strength of YaHWaH, our true identity in Him. As we are cleansed by the Spirit and the dross, or carnal flesh covering, is removed our true self will be manifested, we will all be clothed again in light, in the strength of YaHWaH. It is then that our speech will be life giving as it will no longer be darkened by our carnal thinking/knowledge. Our council will shine forth the Light of

YaHWaH and not the darkness of our carnal existence.

Our aura, our true colours, will shine forth for the glory of Father just as Adam and Eve were clothed in His light before the fall. This is our destiny and is wonderfully displayed in the putting off of the old man and putting on the new as described in Ephesians 4:17-29. The old man (carnal flesh) has his understanding darkened, being alienated from YaHWaH, whilst the new man is re-newed in the Spirit and puts away lying (ie. Speaking untruth) and does not let corrupt communication proceed from his mouth so that his speech may be for edifying and ministering grace to the hearers, ie. Bring life to them!

The Spoken Word (ulna) of the rain-bow company of sons and daughters who rely on the strength of Father (humerus) and His Spirit (scapula) is therefore a most powerful tool given to both the sons and daughters of YaHWaH.

In teaching and healing Yahshua, who did only the will of the Father, is our example. These are works which He said we would also do through Him.

*John 14:12; 'Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.'*

It is through the Spoken Word that we, as mature Sons and Daughters, may Teach the Gospel and bring Healing to our brethren, just as Yahshua did.

*Matthew 4:17; 'From that time Yahshua began to preach, and to say, Repent: for the kingdom of heaven is at hand.'*

*Luke 6:10; 'And looking round about upon them all, he said unto the man, Stretch forth thy hand. And he did so: and his hand was restored whole as the other.'*

There are many examples of the disciples, after Yahshua's death and resurrection, teaching and healing by the Spoken Word. But what about the daughter company? Are there examples in the Scriptures of daughters who are healing and teaching through the Spoken Word? It is important to note that healing and teaching by the Spoken Word is not only done on the pulpit of churches. It is not correct for a woman to usurp the authority that man has over her in the same way that man is not to usurp the authority that YaHWaH has over him. In this study I am coming from the premise that we, as **mature** Sons and Daughters, are serving YaHWaH - that means we are serving Him by His Strength, through His Spirit and for the unveiling of His Glory within us. I am not coming from a perspective of a 'carnal' feminist uprising which is an abomination to all mature daughters in YaHWaH. However, on the other hand it is also not correct for men to oppress the women and thus quench the Spirit of Father within them. Married women are helpmates to their husbands and come under their authority, unmarried women come under the authority of their earthly father. It is up to the husband/father to draw out the talents of the women placed under their care so that they may complement his work not only in the physical sense but also in the spiritual. This union of male and female is the

true foundation of marriage, and it also forms the basis of a balanced ministry and service to YaHWaH. You may also see, in this way, that we have two arms within which to do our work, symbolising not only the two ministries of teaching and healing, but also the balance between male and female, right and left.

It is the submission between the Spirits within the husband and wife, male and female, that is important. We all know that the wife/female is to be submissive to the husband/male, but what most people overlook is that the husband/male is to give honour to the wife/female, as being heirs **together** of the grace of life, so that his prayers be not hindered!

1 Peter 3:7; *'Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.'*

Thus the wives/females are called to be a double witness to the husbands/males. It is this balanced Spiritual union between the husband and wife that can bring forth Spiritual Sons for His glory. In the physical this balance is as necessary in order to bring forth His glory through the service to Him.

Coming back to examples of women in the Scriptures that serve YaHWaH by teaching and healing through the Spoken Word we can look at Deborah, one of the judges of Israel, who assured Barak of victory over the Canaanites, and thus preached the Good News of coming into rest from their enemies;

Judges 4:14; *'And Deborah said unto Barak, Up; for this is the day in which YaHWaH hath delivered Sisera into thine hand: is not YaHWaH gone out before thee? So Barak went down from mount Tabor, and ten thousand men after him.'*

And in the New Testament we see the example of Aquila and Priscilla who expounded the way of YaHWaH to Apollos;

Acts 18:26; *'And he began to speak boldly in the synagogue: whom when Aquila and Priscilla had heard, they took him unto them, and expounded unto him the way of Elohim more perfectly.'*

As for healing by the Spoken Word we can look at the portrait of the Virtuous Woman illustrated in Proverbs 31;

Proverbs 31:26; *'She openeth her mouth with wisdom; and in her tongue is the law of kindness.'*

Are not pleasant and kind words health to the body for those who hear them?

Proverbs 16:24; *'Pleasant words are as an honeycomb, sweet to the soul, and health to the bones.'*

As mature sons and daughters of YaHWaH, in unity with Him, we may speak forth His Word in His service and for His glory.

The Ulna articulates with two bones, the humerus (strength of YaHWaH) and radius (manifesting our works through Example). We display the strength of YaHWaH not only through the Spoken Word, but also through our Example. We can only have an effect in serving by the Spoken Word if our serving finds its foundations in His Strength and if our speech is backed up by a good example.

*Mark 9:39; 'But Yahshua said, Forbid him not: for there is no man which shall do a miracle in my name, that can lightly speak evil of me.'*

The Ulna has attached to it 16 muscles. Sixteen is two times eight. Eight is the number of regeneration and resurrection. It is therefore when the two mature/regenerated companies of sons and daughters work together in unity that life can be brought forth.

Let us now look at the significance of the second bone in the forearm, the Radius.

## **The Radius**

The radius is the major forearm bone contributing to the wrist joint. Thus when the radius moves, the hand moves with it. The Radius bone represents our Example as, in contributing to our wrist joint, it has a great effect on our hand which actually 'does' the work.

A radius is defined in Geometry as a 'line from centre: a straight line extending from the centre of a circle to its edge or from the centre of a sphere to its surface.'

The measurement of the radius is therefore from the inside out. Likewise our Example finds its origin within us and moves out. Our Example is therefore nothing more than the manifestation of our Heart, our inner man where YaHWaH dwells.

This is interesting as the children of Israel are called by YaHWaH to be witnesses/Examples of His Glory which is within them.

*Isaiah 43:10; 'Ye are my witnesses, saith YaHWaH, and my servant whom I have chosen: that ye may know and believe me, and understand that I am he: before me there was no Elohim formed, neither shall there be after me.'*

We can only be witnesses, testify or be an example of that which we have previously experienced. Thus our Example does not find its foundation in external teachings, but rather finds its foundation in our own origin, in Him. Our Example moves from the inside out, not the outside in.

As our heart moves, our innermost being where YaHWaH dwells, we 'do'. Thus the flow of our Example moves from the inside to be manifested to the outside. This is the way we can witness of Him, for He dwells in us and as He is unveiled within us we are

Examples of His glory. As a result all the things we do glorify Him.

The churches of today preach the opposite of this. They preach the adherence to laws and people become afraid of not following these laws as they are told if they do not 'do' these laws they are lost. So they will try to 'do' all the things the pastor says, but because the command of 'doing' is coming from an external source (the pastor) and not their inner being (YaHWaH) it does not witness of His glory.

This is the fundamentals of the radius bone. In order for our Example to be of glory to YaHWaH the energy must come from the inside out. The energy of our Example comes from YaHWaH, His Spirit within us, which is where we originated - in Him. If our Example is based on the outside, it is based on the flesh and can never glorify the Father. This is another witness to the fact that in the flesh it is impossible to please Him.

The best example of being a witness or Example to YaHWaH's glory can be seen in the life of Yahshua.

*2 Corinthians 4:6; 'For Elohim, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of Elohim in the face of Yahshua Messiah.'*

Yahshua is indeed our example. Elohim, who is light, has come to dwell within each of our flesh bodies of darkness. He has shined on our hearts, and through Yahshua, it has been made possible for His light to be unveiled within us - thereby we can radiate forth the knowledge of His glory. This is what it means to be Examples/witnesses of Him through our works. It is driven by His presence within us, not that which we have been taught externally by flesh man.

*John 17:5; 'And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was.'*

Yahshua, in his life on this earth radiated the very presence of YaHWaH. We can read in the 'Acta Pilai: Pilate's Report to Tiberias', how Pilate, a most powerful man, experienced the presence of Yahshua before His crucifixion.

One day in passing the place of Siloe, where there was a great concourse of people, I observed in the midst of the group a young man who was leaning against a tree, calmly addressing the multitude. I was told it was Jesus. This I could easily have suspected, so great was the difference between Him and those listening to Him. His golden coloured hair and beard gave to His appearance a celestial aspect. He appeared to be about thirty years of age. Never have I seen a sweeter more serene countenance... When He came up to me, he stopped, and by a signal sign he seemed to say to me, "I am here," though he spoke not a word. For some time I contemplated with admiration and awe this extraordinary type of man - a type of man unknown to our numerous painters, who have given form and figure to all the gods and the heroes. There was nothing about Him that was repelling in its character, yet I felt too awed and tremulous to approach Him.

What a wonderful example Yahshua has been for us, knowing that through Him we all, both Sons and Daughters will be an Example, or witness of, the full glory of our heavenly Father.

2 Corinthians 3:18; *'But we all, with open face beholding as in a glass the glory of YaHWaH, are changed into the same image from glory to glory, even as by the Spirit of YaHWaH.'*

The Radius articulates with four bones; the humerus, ulna, scaphoid and semilunar. Four is the number of creation. It is the number of all that is created and it is through the creation that YaHWaH witnesses His glory and power.

Romans 1:20; *'For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Mightiness; so that they are without excuse.'*

The Radius has attached to it nine muscles. Nine is the number of finality or judgement. It is through creation that YaHWaH witnesses of His glory and power and thus none of us are without excuse for not honouring Him. It is because of those that have known and seen the Glory of YaHWaH and rejected Him that the wrath of YaHWaH is revealed and we are judged (Romans 1:18-23).

## **The Hand**

The hand is made up of the wrist bones (carpus), the palm bones (metacarpus) and the phalanges.

The wrist bones represent the eight signs of Yahshua as recorded in John. The purpose of these signs was to manifest YaHWaH's glory, and as we have seen this is also the purpose of our service on this earth.

John 2:11; *'This beginning of miracles did Yahshua in Cana of Galilee, and manifested forth his glory; and his disciples believed on him.'*

We do the 'works' with our hands and the wrist forms the foundation stone of our hands and thus of our ability to 'work'. The lessons we learn from the 8 signs are therefore the foundation of our service to YaHWaH.

The palm bones (metacarpals) represent the grace of YaHWaH, without which we can not attain to His heights and manifest forth His glory and Life through our service.

The 12 bones of the four fingers represent the twelve tribes of Israel who are called of YaHWaH to serve Him, in unity to receive the blessing of life for evermore and in being in possession of life can therefore lead others therein too.

Deuteronomy 10:12; *'And now, Israel, what doth YaHWaH thy Elohim require of*

*thee, but to fear YaHWaH thy Elohim, to walk in all his ways, and to love him, and to serve YaHWaH thy Elohim with all thy heart and with all thy soul.'*

*Psalm 133:1-3; 'Behold, how good and how pleasant it is for brethren to dwell together in unity! It is like the precious ointment upon the head, that ran down upon the beard, even Aaron's beard: that went down to the skirts of his garments; As the dew of Hermon, and as the dew that descended upon the mountains of Zion: for there YaHWaH commanded the blessing, even life for evermore.'*

*Revelation 5:10; 'And hast made us unto our Elohim kings and priests: and we shall reign on the earth.'*

The two bones of the thumb represent the presence of the Holy Spirit and the angels which form an integral part of our service.

With this brief overview in mind let us now look at the wrist, palm and phalanges in more detail.

## **The Wrist**

There are eight bones which forms the wrist. These bones are arranged in two rows, with four bones on each row.

- Upper row - sacphoid (like a boat), semilunar (half moon), cuneiform (likeness of a wedge) and pisiform (likeness of a pea).
- Lower row - trapezium (a table), trapezoid, os magnum and unciform (likeness of a hook).

The number eight is specially associated with resurrection and regeneration. Before we can serve and manifest the glory of YaHWaH we need to be regenerated. This old man/carnality needs to be replaced with the new man, our true identity in the Spirit. This process of preparing us for His service is illustrated in the eight signs of Yahshua as recorded in the book of John.

The first four books of the New Testament each describe the life of Yahshua on earth from different perspectives which covers the four standards of Israel.

- The book of Matthew stresses, 'Behold Your King' as the banner of the Lion (Judah).
- The book of Mark stresses 'Behold My Servant' as the banner of the Ox (Ephraim).
- The book of Luke stresses 'Yahshua as the Son of Man' as the banner of the Man (Reuben).
- The book of John stresses 'Yahshua as the Son of YaHWaH' as the banner of the Eagle (Dan).

It is the book of John that we will be looking at in this study as herein is recorded all the 8 'signs' or 'miracles' of Yahshua. It are these signs that Yahshua did in the time He walked on this earth so that firstly the Glory of YaHWaH should be manifested and secondly that in believing you may have life through His name.

John 2:11; *'This beginning of miracles did Yahshua in Cana of Galilee, and manifested forth his glory; and his disciples believed on him.'*

John 20:31; *'But these are written, that ye might believe that Yahshua is the Messiah, the Son of Elohim; and that believing ye might have life through his name.'*

Therefore the lessons we learn from these signs form the foundation for our service, in teaching and healing as our goal in serving is to manifest His glory and to lead on the 'pathway to life'.

It is with the emphasis on the Eagle that we look at this foundation of service. This is the eagle of the tribe of Dan (For more information on the eagle and the tribe of Dan please see Dad's Article 'The Judge Dan'). Dan, as the Eagle, leads on the 'pathway to life' and similarly through our service which manifests the glory of Father and His character, can we lead our brethren to soar the heights!

Through these signs Yahshua taught and healed people that were diseased. We all, in our flesh state, are dis-eased and need to come into the perfect ease (rest) of Father in order to serve for His glory. So, in essence, each of these signs contain a message for us personally so that we may be healed and come fully at ease in His service. These signs actually each represent a different feast day that Israel was commanded to keep and the Feast Days lead each and every one of us personally back to the Garden. As these Feasts are manifested within us we are, each time, a step closer to being united with Him from whom we came. In finally uniting with Him we will do only those things that are His will, we will mirror His very being and actions. This is our destiny.

The eight signs, and their corresponding feast days are;

1. Yahshua changes water to wine (John 2:1-10). Passover.
2. Yahshua heals the nobleman's son (John 4:46-54). First Day of Unleavened Bread.
3. Yahshua heals the impotent man (John 5:1-13). Last Day of Unleavened Bread.
4. Yahshua feeds the 5000 (John 6:1-13). Pentecost.
5. Yahshua walks on the water (John 6:16-25). Feast of Trumpets.
6. Yahshua heals the blind man (John 9:1-7). Day of Atonement.
7. Yahshua raises Lazarus (John 11:1-45). Feast of Tabernacles.
8. Yahshua appears to the disciples and the draught of 153 fishes (John 21:3-12). Last Great Day.

All these signs have to be manifested within us in order for us to serve in teaching and healing for His glory. We will look at each of these signs briefly in order to understand.

1. In changing water to wine we read that there were 'six water pots of stone'. Six is the number of man, and we are the 'clay in the potters hands' (Jeremiah 18:6). These water pots were filled to the brim with water (the word of YaHWaH) and then they were presented to the governor of the feast who tasted the water which had become wine. Likewise, when we have the fullness of YaHWaH's Word unveiled within us will we be presented to Him as the new wine in the new vessels, the perfected flesh, for His glory. This sign occurred around the time of the Passover (John 2:13). The Passover is the first of the yearly feast days and it is by being baptised in the water that the old man dies and the new finds life. Also at the Passover one accepts the blood of Yahshua shed for our sins and thus we can be cleansed so that we may be presented before our Creator.
2. The sign of the healing of the nobleman's son is picturing the First Day of Unleavened Bread. The important part of this sign was that Yahshua said in verse 48, 'except you see signs and wonders, ye will not believe'. In Exodus 13:3, 6-8 we read that the purpose of the keeping of the Feast of Unleavened Bread was as a remembrance that Father brought Israel out of the captivity of Egypt by the strength of His hand, through miracles and wonders. The key theme of this sign is BELIEVING. Israel of old needed to see the signs and wonders as they were being led out of Egypt so that they could 'see' the power of YaHWaH and 'hope' thereon. This is expounded on in Psalm 78 wherein is recorded the many signs and wonders YaHWaH did for Israel in that time and that these events were recorded so that future generations may set their hope on Him (Psalm 78:7). In the New Testament we see in this sign of the nobleman and his son that the nobleman BELIEVED the word Yahshua spoke to him about his son living without directly seeing the evidence. This is what needs to be manifested within us, to BELIEVE without seeing. This principle is further illustrated in John 20:27-29 where Thomas did not believe that Yahshua was the Messiah until he felt His hands and side. Thomas was therefore a type of the Old Testament fulfilment of this Feast Day. The New Testament fulfilment is shown in verse 29 where Yahshua said 'blessed are they that have not seen, and yet have believed'. A further point of interest is that the nobleman's son was situated in a town called Capernaum which means 'village of comfort'. It was here that he was revived and found Life. In the same way Israel was relieved from their bondage when Father led them out and brought them under the comfort and cover of His presence (in the form of the cloud that went before them) and in leaving Egypt (sin) Israel was moving into Life. As we personally BELIEVE Father's sovereignty our flesh bodies are healed resulting in the 'sin' being put out so that we can be re-lived into Life. It is through the power of YaHWaH that we will BELIEVE and that His glory can be manifested in us as a witness of Him. Just as the nobleman's son was healed and Israel was led out of Egypt (sin) so too will Father lead us out of this carnal body into a new man, so that He may be glorified. This is the purpose of the Feast of

Unleavened Bread, that we may BELIEVE in His power to lead us out of the bondage of sin so that we may serve Him (Exodus 4:22-23, Note in Exodus that Moses BELIEVED what YaHWaH had promised in Ex. 3:7-10 and therefore he could be instrumental in leading the people out).

3. In healing the impotent man we see a message of 'hearing'. When Yahshua said to him 'Rise, take up thy bed, and walk', the impotent man heard and was healed. So too when we 'hear' the voice of YaHWaH fully will we be able to do His will fully. This sign represents the Last Day of Unleavened Bread. The Days of Unleavened Bread was to be kept for 7 days. Seven is the number of spiritual perfection. The last day represents sin/leaven being fully put out from the body, thus we are no longer in bondage to sin and it's ways. We are now able to Hear the word of YaHWaH without it being contaminated with our own carnal thoughts. In being able to hear we are also able to obey as it is only when you have truly heard that you can obey. We may now truly 'walk' in His ways for His glory. In Israel's day they left Egypt and because of the hurry did not let their bread rise. It was not until they had fully put Egypt behind them as they crossed the Red Sea, on the seventh day of Unleavened Bread, that they could glorify Father, having found their completeness in Him, (Exodus 15:2). This is the culmination of the Days of Unleavened Bread, namely that in being released fully from the shackles of our bondage we may be healed so that we can HEAR his word and therefore walk in His way and for His glory. This is a stepping stone which is required for us to be able to serve Him fully.
4. The multiplying of the loaves and fish was done by Yahshua to feed the multitude. He gave thanks for the loaves and fish, realising that they came from Father, and then brake them and gave the pieces to the disciples in order to be distributed. Yahshua is the bread of life and He sustains us Spiritually by His Word. The bread is symbolic of the Word of YaHWaH, Matthew 4:4; *'But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of Elohim.'* It is the disciples who distributed the bread and fish to the multitude and so will we serve our fellow man with the Words of YaHWaH when we are fully under His service. This sign represents the Feast of Pentecost. The feeding of the 5000 in this sign is similar to the conversion/revival of the people when the disciples received the Spirit at Pentecost (Acts 2:41, 4:4). Barley in the Scriptures is symbolic of the 'overcomers' in Israel and just as the disciples fed the multitude in the New Testament, so will the overcomers feed the multitude of Israel through the Spirit of YaHWaH within them. This is the purpose of Pentecost, the outpouring of the Spirit of YaHWaH for His glory.
5. In this sign Yahshua first went up into the mountain (where YaHWaH dwells) whilst the disciples went to the sea (peoples/nations/world). The disciples went into a ship. This ship represents the Kingdom of YaHWaH, which is within us. The sea was rough and when they had reached the midst of it Yahshua was seen walking on the sea. The disciples received Him **willingly** into the ship (their body) and immediately the ship was at the land whither they went, to Capernaum, the 'village of comfort'. In receiving Yahshua they were 'caught away' and transferred to the place where the Spirit was unveiled within them on a new level, a level in which the troubles of this

world no longer affected them or made them afraid. In the same way, as Yahshua returns within each of us we will stand over and above the things of this world. We cannot be a witness of Father or teach/heal our brothers in His way if He does not dwell within us. This sign represents the Feast of Trumpets. It is at this Feast that Yahshua will return, not only to this earth but also within us. What is important to see is that it was Yahshua who came to them. They did not go to Yahshua. So too will it be with us. Yahshua will come to us, will knock on our door, and we will let Him in willingly, (Revelation 3:20). This is the fulfilment of the Feast of Trumpets.

6. The principle expounded upon in this sign is that of 'seeing'. In order for us to be of service to YaHWaH we need to 'see' His way otherwise we will be like the blind leading the blind. We in essence walk in darkness and see but dimly the things of YaHWaH as we are veiled by the flesh (1 Corinthians 13:12). In being healed of our Spiritual blindness we will walk in the Light and hence be able to do His work as Yahshua did (John 9:4-5). This sign represents the Day of Atonement. There are many examples that we can look to in order to understand that the Day of Atonement has to do with 'seeing'. Jacob had his Day of Atonement experience at Peniel where he wrestled with the angel, 'saw' his weakness and 'saw' the sovereignty of Father as his name was changed from Jacob, 'supplanter', to Israel, 'El Rules'. In Genesis 2:30 we read that he had 'seen' YaHWaH's face and he was preserved. This theme of seeing is the purpose of Atonement. In the time of Israel as a nation they celebrated the Day of Atonement as a day of mourning because they failed to 'see' with spirit eyes the destiny promised them and as a result entered not into the promised land. The people of Israel were led by their flesh eyes as they 'saw' the giants and this prevented their entering in (Numbers 13:33). However, this day is not to continually be one of mourning as we will experience, just like Jacob has done before us, that our vision will be healed and we will see our destiny with unveiled eyes (1 Corinthians 13:12). So just as the man in the sign was healed of his blindness so will each of us be healed of our own spiritual blindness when we experience the fullness of our personal Day of Atonement.
7. In the seventh sign Yahshua raises Lazarus. Yahshua states in John 11:11 that Lazarus is not dead but sleepeth and that He will go to wake him out of his sleep. This led me to think that Adam was put to sleep when Eve was created out of him and nowhere in the Scriptures does it tell us that Adam awoke out of this sleep, thus we, as his descendants are all still asleep. We all need to be wakened by Yahshua as He is the resurrection and the life. One can not be of service when one is asleep, so we need to be wakened first. This sign represents the Feast of Tabernacles which was to be kept for seven days. Tabernacles represents the seven days of healing into awakening, an awakening of who we really are. Father has been manifested in us for the 6000 years of human existence and now we are in the seventh day, the seventh thousand years, and we are waking up to the fact that Father, who is life, is dwelling in our tabernacle (body) in the same way that Lazarus was woken up into Life by Yahshua in this seventh sign.
8. In the last sign Yahshua appears to the seven disciples and dines with them of the 153 fish that the disciples caught. So too will He sup with us as expounded in Revelation

3:20; *'Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.'* It was after this dining with the disciples that Yahshua asked Simon Peter if he loved Him more than any of the other disciples. Peter answered three times in the affirmative and then he was told to 'feed my lambs and sheep'. When we come into this relationship with Yahshua and YaHWaH we too will be ready to feed His sheep, our brethren in Israel for His glory. This sign represents the Last Great Day. This feast is also commonly called the Eighth Day of the Feast of Tabernacles. The number eight is the number of new beginnings and for the disciples this was certainly the case as here they were commissioned to feed the sheep. There were 153 fish caught. This number represents the 'Sons of YaHWaH'. These are mature, glorified sons who, on the Last Great Day, are ready to marry and be united with Him from whom they came. The disciples were commissioned to 'feed the lambs/sheep' and so too will the overcomers, who will reign with Yahshua for 1000 years, bring the sons of YaHWaH into glory. The three feedings mentioned in this sign can be referring to the three levels or feasts of Passover, Pentecost and Tabernacles and thus represent three levels of anointing or teaching/healing. This sign occurred after Yahshua's ascension and at this point the disciples had the Spirit which was given to them in John 20:22. For the disciples the Feast of Pentecost started at this point and ended when the cloven tongues alighted on them at the Feast of Pentecost in Acts 2. They were now ready to go into the realm of Tabernacles and thus were able to be sent out to preach and heal. In their Tabernacle anointing they were leading the sons of YaHWaH (153) into glory through Yahshua. It was in this sign that the disciples Dined with Yahshua, they were united with Him, this is the character of the Last Great Day (1 Corinthians 10:21)

Thus Yahshua needs to perform each of these signs within us personally before we can be of service to YaHWaH. It is when these signs are fully manifested within us that we come to fully glorify Father (John 2:11) and that we may enter into that 'life' through His name (John 20:31). And it is when this is accomplished that 'life' can emanate from us and we, as mature Sons and Daughters in unity, can feed His sheep (works/service, healing/teaching), leading them on the 'pathway to life' (Dan/Eagle) through Example (radius) and Word (ulna). It is important to note that we can only feed His sheep, or be of service to Him, when ALL of these signs are manifested within us, just as we can only use our hands when ALL of the eight carpal bones are present and in the correct place.

Each bone except the pisiform has six surfaces, so here we see a pattern of seven plus one. Bullinger has the following to say about this;

Eight is seven plus one, hence it is the number specially associated with Resurrection and Regeneration, and the beginning of a new era or order.

When these eight signs of Yahshua are manifested within each of us personally we are in essence regenerated and we can begin on a new era, namely glorifying our Heavenly Father, from within us, through the works of our hands.

## The Palm

The palm of the hand is made up of 5 bones called the metacarpals.

The palm forms the hollow of your hand. It is out of the hollow that we drink of the fullness of His Spirit and we can be re-lived. The 'hollow' is a Tabernacles experience.

- We see in the story of Samson that YaHWaH clave out a hollow place in the jaw and cause water to come forth which revived Samson (Judges 15:19).
- We see that in the account of Jacob the hollow of his thigh was put out of joint and that led to his coming into the Tabernacle realm as his name was changed to Israel, 'El Rules'.
- We see in the account of Gideon (whose name means 'hewer') that those who lapped up the water in their palms were chosen to go against the Midianites (Judges 7:6). This was not just a physical fight between two armies but it actually pictured the breaking/hewing down of our carnal flesh (pitchers) so that the light/glory of YaHWaH from within may shine forth (light within the pitchers). See Judges 7:16, 19. This is picturing the fullness of the glory YaHWaH revealed within us, the culmination of the Feast of Tabernacles.

Our hands are divided into four fingers and one thumb and the metacarpals are related to this division as each one of them attach to one of the digits. So there is a grouping here of four plus one. Bullinger has the following to say about this;

Four is the number of the world and represents man's weakness, and helplessness, and vanity as we have seen. But four plus one is significant of Divine strength added to and made perfect in that weakness; of omnipotence combined with the impotence of earth; of Divine favour uninfluenced and invincible.

Therefore in order to be re-lived so that the fullness of the Spirit is unveiled within us we need to have a 'hollow' experience like Samson, Jacob and Gideon. In these three cases, which are recorded as examples for us, we see that Divine strength was added to make perfect their weakness. This is grace and is pictured by the five (number of grace) metacarpals in the palm. Thus the palm of the hand represents the principle of grace, without which we can not serve YaHWaH for His glory. Without His grace we can never attain to the heights of His glory.

This grace is also illustrated in the virtuous woman of Proverbs 31 who stretched out her hand to the poor.

Proverbs 31:20; *'She stretcheth out her hand to the poor; yea, she reacheth forth her hands to the needy.'*

It is by the grace of YaHWaH that we can serve Him in teaching and healing through Word and Example.

In learning about the palm we also need to consider that Yahshua's palms were nailed at His crucifixion.

John 20:25; *'The other disciples therefore said unto him, We have seen the Master. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.'*

In nailing Yahshua through His palms the grace of Father was rejected and yet He is merciful to each and every one of us as His grace is a gift to all and is not dependant on the works we do, but rather is a gift that gives us the power to expound the unsearchable riches of Yahshua!

Ephesians 3:7-8; *'Whereof I was made a minister, according to the gift of the grace of Elohim given unto me by the effectual working of his power. Unto me, who am less than the least of all saints, is this grace given, that I should preach among the Gentiles the unsearchable riches of Messiah.*

2 Timothy 1:9; *'Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Messiah Yahshua before the world began.*

It is also interesting to note that it is with the palm of our hand that we physically resuscitate people. It is by the pushing down of our palm onto the sternum (righteousness) that the heart can be massaged back to life. (Please review the study on the Sternum page 3). So here we see a connection between righteousness (sternum), grace (palm) and life (heart which pumps blood in which is 'life'). So just as we are all physically destined to die because of our sins we can only be resuscitated back into Life by Yahshua by grace through righteousness.

Romans 5:21; *'That as sin hath reigned unto death, even so might grace reign through righteousness unto eternal life by Yahshua Messiah our Master.'*

## **The Phalanges**

We have four fingers on each hand and each of these fingers have three bones. Just as the tribes of Israel were situated around the tabernacle in four sets of three are they similarly divided within fingers.

Having a right and left hand indicates a male (right) and female (left) company within Israel who work together, in unity, in the service of YaHWaH as teachers and healers. It is as the male and female companies work together that they are enable to serve YaHWaH and their fellow man. Have you ever tried doing anything with just one hand? It is very difficult. Or has the one hand ever said to the other hand I will not do this or that? It sounds rather silly as we all know that in order for our hands to do optimum work they must do so in unity. So too then is our service unto YaHWaH and our fellow man.

The male and female companies of the tribes of Israel, as represented by the fingers of the right and left hand, need to work in balance and unity in service to YaHWaH and our fellow man.

The thumbs of the hand are vital to our ability to do any work. Have you ever tried to do anything without using your thumbs? It is almost impossible. There are two bones in the thumbs and they represent the presence of the Holy Spirit and the ministering of the angels and both are needed in order to serve YaHWaH in healing and teaching.

*Ezekiel 36:27; 'And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.'*

*Matthew 4:11; 'Then the devil leaveth him, and, behold, angels came and ministered unto him.'*

There are a total of fourteen bones that form the phalanges on each hand. Fourteen is the double of seven, thus pictures a double measure of Spiritual perfection. Thus, when the spiritually perfect male and female company work together you have a total of twenty eight bones. Twenty eight is also a multiple of seven (spiritual perfection) and it is the product of  $4 \times 7$  so the number 4, being the number of creation, is also significant. When the male and female company are balanced and working in unity the whole creation will rejoice as the creation will be made spiritually perfect.

*Romans 8:19, 21; 'For the earnest expectation of the creature waiteth for the manifestation of the sons of Elohim... Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of Elohim.'*

The other interesting thing to note about our fingers is that we each have a unique finger print. Even identical twins have different finger prints. This shows us that Father has given each of us a unique purpose to fulfil as we serve Him in teaching and healing for His glory.

Also it is interesting to note that many babies and young children suck their thumbs for comfort. They are in essence desiring the Spirit and the ministering of the angels to comfort them!

## **Conclusion**

This brings us to the end of this study and it is my prayer that we all may come to the point of serving YaHWaH in teaching and healing by His strength, in word and example for His glory.